

## Daily Health Self-Assessment for Students

**Instructions:** Parents, please do this health self-assessment daily each morning before dropping off. **You do not need to bring this form to school each day. It's just to help you assess your child at home.**

Children must not enter a SD 75 site if,

- There is a yes to any of the health check questions below
- If child is ill with any common cold, influenza or COVID-19 like symptoms or
- The child has unusual or persistent respiratory symptoms.
- The child has travelled internationally in the last 14 days.
- The child is a close contact of a confirmed Covid-19 case or confirmed outbreak
- The child has a parent who is an essential service worker and that parent is sick

	<b>Yes</b>	<b>No</b>
Does the child have a cough?		
Does the child have congestion?		
Does the child have nasal drip?		
Is the child experiencing nausea, vomiting and/or diarrhea?		
Is anyone in your household ill?		

\*If child is presenting baseline symptoms such as seasonal allergies please contact administration for further guidance.

If ill, with any common cold, influenza or COVID-19 like symptoms child must stay home. Please consult with a physician or call 811 for advice. Also, please inform your school office/administer of illness.