







**MISSION
COMMUNITY
SERVICES**

July and August 2022

Mission Early Childhood Resource

Compiled by the Mission Community Services Early Years
Like us on Facebook at Mission Community Services

Free Activities and Programs for Children 0 to 6 Years

<p>Baby Steps: Families with children 0 – 24 months can meet other families with babies and gain support and access community services. Wednesdays from 10-12pm. 33313 3rd Ave. For more info and to register email earlyyears@missionmcss.com or phone (604) 826-6194.</p>	
<p>Mission 4 Kids Family Place: 33313 3rd Avenue and Horne. Programs for families with children 0-6 For more information, please contact us at earlyyears@missionmcss.com or phone 778 347-1181.</p> <p>Family Place Drop-in: Play with toys, make a craft, sing some songs. Stay 10 minutes or the whole morning. For parents, and primary caregivers with children 0-6</p> <ul style="list-style-type: none"> - Mondays: 9:30-11am (Outdoors at Centennial Park - 7871 Taulbut St. - Tuesdays: 9 -11:30 and 12:30-2:30 (Family Place – 33313 3rd Ave) - Thursdays: 9;30-11:30 (Little stelqoye at Heritage Park – Family Place with Sq'ep'ip'awtxw; Aboriginal Family Place and Family Navigator Brianne Huish) - Fridays: 9 - 11:30 (Family Place – 33313 3rd Ave) 	
<p>Mission Parks, Recreation & Culture: View the Rec Update online for the latest Mission Parks, Recreation and Culture schedules, activities and offerings. https://www.mission.ca/municipalhall/departments/parks-recreation-and-culture/</p> <p>Storytime & Games at the Spray Park: Wednesdays 10-11:30am, July 13-August 24. Join us near the spray park for stories, parachute, fun games and more. Free program, in partnership with Mission Fraser Valley Regional Library</p> <p>Discount Swim: Sundays 10:15am-12:15pm Children 3-12 years \$1, youth, adults & sixty plus \$2</p> <p>Play Pass Program: For more information on this program call (604) 820-5350 The PLAY Pass program provides qualified individuals free admission to the Leisure Centre. To qualify, applicants must be a City of Mission resident for at least 3 months, be at or below the low income thresholds as outlined by Statistics Canada or Income Assistance through the Ministry of Housing and Social Development or the Federal Social Development program. All applications are subject to a \$5 administration fee for individuals or \$10 for family applications.</p>	
<p>Mission Public Library: 33247 2nd Ave 604-826-6610</p> <p>Storytime: Tuesdays 10:30-11am</p> <p>Baby time: Fridays 10:30-11:30 am</p> <p>Games Night: Wed. July 6 & Aug 3 5:30-7:30pm</p> <p>Stories in the Park (Leisure Centre – 7560 Grand St.) Wed. July 13-Aug 24 10:30-11:30am. Meet outside on sunny days and meet inside the Leisure Center on rainy days.</p> <p>Paws 4 Stories: Thursdays, July 21 & Aug. 18 3:30-4:30 pm. Contact the library to register. Opening hours are from 9 –8 Monday to Thursday and 10-5 Friday and Saturday and 1-5 on Sundays.</p>	





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<p>Summer Reading Club: Register with our online Beanstack App. Record your reading and enter to win weekly prizes and gift cards. Registration begins June 21. Summer Reading Club Performers:</p> <ul style="list-style-type: none"> - Norden & Gordon, Magicians: Thursday, July 7 1:30-2:30pm - Will Stroet, Musician: Thursday, July 21 1:30-2:30pm - Elsbeth Bowers, Puppet Storytime: Thursday, Aug. 4 1:30-2:30pm - Sierra Clubb, Environmental Education: Thursday, Aug 25, 1:30-2:30pm 	
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<p>Outdoor Program and Pop-Up Play Dates: A drop-in program with songs and activities for families with children 0-6yrs. Outdoor Program: Mondays at Centennial park 9:30-11 and Friday (Aug. 5 and 12) at Kinsmen West 9:30-11. Pop-up Play Dates: Wed. July 6 and Aug 17 at Heritage Park 5-6:30pm and Fri. July 15, Aug. 19 and 26 (times and location vary, please check the Early Years Facebook page @ MissionEarlyYearsSD75. For more information, please contact Family Navigator Brianne at 604-219-3311 or brianne.huish@mpsd.ca</p>	 
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<p>Sq'eq'ipawtxw- a place to gather (Aboriginal Family Place): Pekw'xe:yales (St. Mary's), 34110 Lougheed Hwy. For families raising Aboriginal children ages 0-6 and those wanting to learn about Aboriginal culture. Enjoy a light snack, activities, learning centers, crafts, (including culture/language) free play and programming. At this time, we are offering Monday to Friday visits. Either at our St. Mary's location or at a local park. These will be by appointment only. Appointment times are 10am-11:30am or 12-1:30pm. Please call at least a day in advance to book your time. To book please call or text 604-997-5984 and a staff member will confirm your appointment time. Transportation is also now available.</p>	
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Resources and Supports for Parents and Caregivers

<p>Baby's Best Chance: We provide support, educational resources and pregnancy/baby related items for women during pregnancy/postpartum and their children up to age 6. Pregnancy Outreach Worker is currently providing support at the office or through home visits and our Registered Nurse can be accessed by appointment. Support items such as prenatal vitamins, gift cards, diapers, food hampers, formula, baby clothing/supplies, resources, referrals, etc. For more information call 604-217-6309 or email popoutreach@saraforwomen.ca http://saraforwomen.ca/services/</p>	
<p>Big Brothers Big Sisters of the Fraser Valley: Building a child's future through the friendship and guidance of mentoring. Providing volunteer mentors to children through community-based mentoring, in school mentoring and after school group mentoring programs. Services</p>	

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<p>are provided virtually or socially distanced depending on the program at this time. Phone 604-820-3337 or email Cassie at cassie.silva@bigbrothersbigsisters.ca or www.mentoringworks.ca</p>	
<p>Child Care Resource and Referral: Serving the Mission/Agassiz/Harrison Hot Springs areas. We are located at 33313 3rd Ave. in Mission</p> <ul style="list-style-type: none"> • Assistance for Parents /Caregivers with childcare referrals, information and Affordable childcare Benefit help. • Toy lending library for parents and childcare providers • Registering Childcare providers, consultations, online workshops, resource lending library delivery <p>Contact our office at 778-201-2367 or email ccrr@missionmcscs.com *Register for workshops/ referrals and toy library online at https://missioncommunityservices.com/programs/family-programs/ccrr/</p>	
<p>Crime Victim Assistance Program: Assistance for those who have been physically or emotionally hurt by a crime. Contact cvap@gov.bc.ca or phone 1-866-660-3888</p>	
<p>Crisis Line: toll free 1-877-820-7444. "We are here to listen", provides referrals and support.</p>	
<p>FamilySmart (formerly The Force Society): We area families whose kids struggle with Mental Health and/or Substance Use challenges. For over 20 years, through the Community Parent Peer Support program. FamilySmart has provided parent peer support to all B.C families who are parenting a child (0-young adult). We can listen, understand, offer resources and options, and connect you to services. We are available to meet in person or by phone or email. Free service. No waitlist. Phone 604-878-3400 or visit http://www.familysmart.ca/</p>	
<p>Fraser Valley Child Development Centre: Every question is important when it is regarding your child! We specialize in child development and provide intervention and therapy for children birth to kindergarten and family support in all areas of their development. Referrals are continuing to be accepted and services are being provided virtually and some visits will be made in person. Phone 604-852-2686 or visit www.fvcdc.org</p>	
<p>Frontrunners: A program for parents of children ages 0-12, runs through six online meetings and offers information about managing emotional and behaviour difficulties in children and ideas for attuned parent-child relationships. Registration is completed with an Intake Clinician. Intake Clinics are on Tuesday 9 am-12pm and 1pm-3pm. For more info call 604-820-4300</p>	
<p>In the Know: FamilySmart Community Parent Peer Support Workers host monthly video events followed by a facilitated conversation on topics that are important to families and those working to support the mental health of children and youth. Watch a video from our library or join the monthly online discussion with other families for information and support on child and youth mental health or substance use topics. www.familysmart.ca/itk</p>	









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<p>Mental Health Services for children 0 to 6 years: Parent referral required through phone. Intake Clinics available Tuesday 9am-12pm and 1pm -3pm. For more info call 604-820-4300 and ask for the Child and Youth Mental Health Intake worker. 7364 Horne St.</p>	
<p>Mission Early Years Navigator: Providing free, confidential support to families with children from birth –6 years old who are looking to identify and access services in the community. For more information, please contact Brianne Huish at 604-219-311 or brianne.huish@mpsd.ca Brianne can also be found at StrongStart, Family Place and at the “Play to Learn” Outdoor program. Be sure to check the Facebook page @MissionEarlyYearsSD75 for songs, stories and information on future parenting groups and connections.</p>	
<p>Mission Environmental Stewardship Society: “Junior Bug Club” offers a chance for children ages 2-12 to make a difference in their community by becoming ambassadors for litter control. More online www.messociety.org</p>	
<p>Mission Friendship Centre: 33150 A First Ave. (604) 826-1281 We are a non profit organization focused on helping to meet the needs of Aboriginal and Nonaboriginal people and families who are making a transition to the urban community. We provide a central and suitable facility where counselling, support and referral services can be provided. We offer daily lunch programs and weekly programs as well such as:</p> <ul style="list-style-type: none"> - Get Moving Monday (free outdoor community walk): Monday at 1pm (meet in front of Center) - Wellness Kitchen: Wednesdays 2-4 pm in the Main Hall - Welcome Circle (a safe place to gather in a Circle of Wellness): Thursdays 11-12 in the Main Hall - Drumming Circle : Fridays 1-3pm - Showers Available: Mon, Wed, Fridays 9-11:30am 	
<p>Mission Health Unit: Regular immunization clinics by appointment. Infant feeding, newborn growth and development, support 6 days a week. Free fluoride varnishing for eligible children under 3 years. Speech assessments and support available for children under 5 years. Phone for more info 604-814-5500. 7298 Hurd St.</p>	
<p>Mission Hospice Society: provides support with the loss of someone significant, including Circle of Friends for children. 32180 Hillcrest Ave. Contact 604-826-2235 ext. 13 or email childandyouth@missionhospice.bc.ca http://www.missionhospice.bc.ca/</p>	




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<p>Mission Literacy in Motion: MLIM provides programs such as Reading Buddies, Mother Goose, Coderdojo and infant massage. For more information contact literacyprogramreg@gmail.com No programs in the summer. Visit website for Fall programs www.literacyinmission.org New location: 32860 Cherry Ave.</p>	
<p>Mission Midwives: We are registered midwives who provide primary care for you during pregnancy, labour, birth and the postpartum period. We deliver at Abbotsford Hospital. Covered by MSP. Serving the Mission community for 10 years. We offer free pregnancy testing. 604-820-2424. 7327 Horne St. http://www.missionmidwifery.com/</p>	
<p>Mission Transition House: Crisis services and housing for women and their children. Call 604-826-7800. Covid restrictions are in place. http://saraforwomen.ca</p>	
<p>Options for Sexual Health: Tuesday's 5-7 pm, 7258 Hurd St. 1st floor. Our clinic provides birth control, counseling, low cost contraceptives, STI screening, Pap tests, pregnancy testing and general sexual health information and referrals. Drop in but appointments preferred for Pap and STI testing. Phone 672-998-1904 (This is a message line and will be checked on Tuesdays) https://www.optionsforsexualhealth.org/</p>	
<p>Reproductive Mental Health Support: includes group and /or individual counselling. Psychiatric assessment and management are also available. If you are struggling at any of these phases of reproduction, we may be able to help: Pre-pregnancy: If you have an existing mental health challenge or disorder and are thinking about becoming pregnant, we can help you prepare to manage the impact of your illness whilst pregnant. During pregnancy: Any woman may experience a mental health challenge or disorder during pregnancy but some women are more at risk than others. Postpartum: Whilst the "Baby Blues" is a common experience for women, there are more specific mental health challenges or disorders that some may also experience. Pregnancy Loss: Pregnancy loss is a unique and often lonely event in a woman's life. Healing is helped through understanding and dealing with both physical and emotional changes. Contact Mission Mental Health at (604) 814-5600</p>	
<p>SARA Outreach: Provides free confidential support to women (and their dependent children) who have experienced or are at risk of abuse, threats or violence. Outreach includes information, advocacy, support or accompaniment to access community and/or government agencies. Outreach/Counselling is available through phone and video chat, but if necessary, by meeting in person. Appointments can be made by contacting 604-820-8455 and someone will return their call as soon as possible. 33070 5th Ave. http://saraforwomen.ca</p>	
<p>Settlement and Integration Services: 33179 2nd Ave. Providing meaningful programming and support for families and individuals that are new to Canada and Mission. We offer a variety of services and are here to help you succeed and thrive in the community. If you require any support, please call 604-826-3634. http://missioncommunityservices.com/settlement</p>	






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<p>Shxwt'am:etsel (Sto:lo Nation Supported Child Development Program): Services include Aboriginal Infant Development, Aboriginal Supported Child Development and Aboriginal Family Place. These family centered programs are for Aboriginal children (0-12yrs) and their families living in Mission. Located at Pekw'xe:yles (St. Mary's), 34110 Lougheed, 604-820-6097. http://www.stolonation.bc.ca/family-services</p>	
<p>Supported Child Development - Mission Association for Community Living: Working with families and childcare providers to enhance and support inclusive quality childcare for children 0-12 who require extra support in a childcare setting. Referrals can be emailed to amy.adrian@macl.bc.ca There is currently a waitlist for service. Our Family Support Program hosts monthly family support meetings from September to June and continues to update MACL's Facebook page regularly. Meetings will start again in the fall. Contact Family.Support@macl.bc.ca</p> <p>The Literacy Bus is up and running every second Wednesday and Thursday at St. Joseph's Parish on 7th Ave as well as at Family Place on Tuesday's. They will be joining Family Place at some of the park locations over the summer. MACL's office is located at 33345 2nd Ave. 604-826-9080 ext. 280</p>	
<p>What's On: Mission's up-to-date website of community events for all ages. http://www.whatsonmission.ca/</p>	

Public Events

<p>Twilight Treasures Artisan Market: Local artisans all in one place. Located at Griner's Park (32835 Jantzen Ave.) Every Thursday 4-8pm May-Sept.</p>	
<p>Deroche Farmer's Market: Discover farm fresh and local artisanal products at the weekly Derocher Farmer's Market. Saturdays May 7-Sept 3, 10am-3pm @ 10220 N. Deroche Rd at the corner of Lougheed highway.</p>	
<p>Mission Farmer's Market: Each Saturday (June-October), there will be an assortment of fresh produce, vegetables, baking and other specialty foods and other artisanal products from local vendors in Mission and the Fraser Valley. Check the website for more details. https://missioncityfarmersmarket.com</p>	
<p>Canada Day Celebration: July 1 8 am-2pm at Fraser River Heritage Park 7494 Mary Street,</p>	
<p>Mission Twilight Concert Series: Bring a blanket or lawn chair and enjoy different musicians each week. Every Wednesday in July and August at 7-8pm at Heritage Park (7494 Mary St.)</p>	

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<p>Intergenerational Gardening: July 4, 11, Aug 8, 15 and 22 from 12-1:45. Located at Lifetime Learning Center at 32444 7th Ave. For more info, contact welcomeltlc@telus.net https://www.lifetimelearningcentre.org/</p>	
<p>Christmas in July Craft Market: Saturday, July 16th from 10am to 6pm at Albert McMahon Elementary School (32865 Cherry Ave.) There will be food trucks, live stage entertainment and craft vendors to buy from!</p>	
<p>Silverdale Farmer's Market: Sunday, July 17 and Aug. 21 from 10am-3pm. Located at the Silverdale Hall (8760 McLean St.)</p>	
<p>Sunset Markets in the Park: Artisan crafts, vendors, local produce, live music and food trucks. July 19 and Aug. 9 from 4-8pm at Heritage Park (7494 Mary St.)</p>	
<p>Mission Fest: Free Family Fun (live music, food, performers, cars, crafts, Scruffle the Clown, games, bouncy castles, zipline, Norden the magician, vendor booths, balloons, face painting and community groups). Located in downtown Mission (First Ave. will be shut down to traffic from Murray to Grand). Saturday, Aug. 13 from 10am-4om. For more info, call (604) 826-7311 or email info@downtownmission.ca</p>	